

UTC Sheffield Olympic Legacy Park Sport Science Pathway



Year 9-11

Course/ Qualification	Subject/Content	Activities	Progression/Careers
<ul style="list-style-type: none"> • Gateways Level 2 in skills for Sport and Active Leisure 	<ul style="list-style-type: none"> • Exploring the career pathways available within sport • Development of personal Fitness • Planning and Running a Sports or Active Leisure Event • Planning and participating in Outdoor Adventurous Activities 	<ul style="list-style-type: none"> • Industry-led case studies, workshops • Planning and undertaking a tailored fitness programme • Working alongside employers to plan and host a sports event • Exploring the considerations when taking part in OAA, and demonstrating safe participation in these activities 	<p>Studying sports related degrees at university and careers in:</p> <ul style="list-style-type: none"> • Armed Forces Training and Education Officer • Fitness Centre Manager • Lecturer • Primary or Secondary School Teacher • Teaching Assistant • Youth Worker • Clinical Scientist or Researcher • Event Manager • Health Promotion Specialist • Lecturer • Nutritionist
<ul style="list-style-type: none"> • OCR Cambridge National Level 2 in Sport Science 	<ul style="list-style-type: none"> • Nutrition • Principles of training and the methods used to improve performance • The body's responses to exercise • Sports injuries and their treatment 	<ul style="list-style-type: none"> • Producing diet plans for elite athlete case studies • Employer-led project measuring fitness test results and interpreting data • Practical sessions gathering data • First aid session 	<p>A photograph showing three young women in black and teal athletic wear on a green field. One woman in the center is holding a volleyball, while the others are positioned around her. In the background, a white banner with the text 'SteelPhalt Making Roads' is visible.</p>
<ul style="list-style-type: none"> • OCR Cambridge National Level 2 in Sport Studies 	<ul style="list-style-type: none"> • Practical skills in sport • Sports leadership and coaching • Working in sport industries • Contemporary issues in sport 	<ul style="list-style-type: none"> • Accredited officiating course • Delivering sessions in local primary schools • Careers event involving local employers and partners • Workshop with sports NGB 	

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<ul style="list-style-type: none"> • Level 2 Sports Leaders Qualification • Extra-Curricular Competitive sports teams • Fitness sessions • Duke of Edinburgh Award • Sports Projects 	<ul style="list-style-type: none"> • Developing skills needed for effective coaching and activity leaderships • Required hours of volunteering • Boys/Girls Football, Boys/Girls Futsal, Netball, Basketball, Athletics, Rounders, fitness suite • Projects that are not an essential part of the courses offered, provide further opportunities for students to work alongside employers and external organisations to expand upon their knowledge of that particular aspect of sport 	<ul style="list-style-type: none"> • Planning and delivering sessions to a range of participants • Competing against schools from across Sheffield, and potentially further depending on results 	<p>Studying sports related degrees at university and careers in:</p> <ul style="list-style-type: none"> • Sport and Exercise Psychologist • Biomechanist • Physiologist • Personal Trainer • Performance Analyst • Sports Development Officer • Sports Coach • Food Technologist • Nutritional Therapist
Post 16			
<ul style="list-style-type: none"> • OCR Cambridge Technical Level 3 in Sport and Physical Activity 	<ul style="list-style-type: none"> • Anatomy and physiology • Sports coaching & session delivery • Sports organisation & development • Working safely in active leisure • Planning a sports event • Physical activity for specific groups • Nutrition • Health and fitness testing • Sport injuries and rehabilitation • Practical skills in sport • Sports psychology and business 	<ul style="list-style-type: none"> • Delivering sessions to local primary schools • Workshops with NGBs • 1st aid talk delivered by employer • Hosting primary school event • Workshop with Goalball UK • Conducting health screenings and consultations • OAA trip • Workshop with SHU academics • Industry guest speakers 	
<ul style="list-style-type: none"> • Extra-Curricular Sports Leaders Qualification • Sports Projects 	<ul style="list-style-type: none"> • Same as Y9-11 offer, just no competitive teams 		